



# TriStars Junior Triathlon 2026

Sunday 15 March 2026

Hugh Hayward Domain & Ngātea Swimming Pool

Woo-hoo! You've signed your child up for TriStars 2026!

After a fantastic event last year, the Hauraki Community Plains Hub are excited to bring the TriStars Junior Triathlon back to Ngātea. It was a fun, confidence-building triathlon and that's exactly what we're aiming for again.

This is a swim-bike-run event designed for tamariki aged 5-13 to show us how fast they can swim, how agile they are on their bike, and how explosive they are on the run. More importantly, it's about giving it a go, getting active, and being part of something positive in our community.

We're thrilled to have you on board supporting your triathletes. Let's make it another great morning together at the Domain!

### Event Overview

Date: Sunday 15 March 2026

Location: Hugh Hayward Domain & Ngātea Swimming Pool

Cost: \$5 per participant

Entries capped at 200

No late or on-the-day entries

No refunds

### Event Schedule

8:30am - Registration & bike transition opens - wristbands distributed

9:40am - Transition closes

9:45am - Mandatory safety briefing

10:00am - Splash & Dash and Tiny TriStars start

10:30am - Rising Rockets start

11:00am - Super Novas start

Event expected to finish by 12pm

All participants must attend the safety briefing.

If a participant misses their allocated wave, they may be permitted to start with the next suitable group at the discretion of the event team.





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### Distances

Tiny TriStars (recommended ages 5-7) 30m swim | 1.25km cycle | 950m run

Rising Rockets (recommended ages 8-10) 60m swim | 2.5km cycle | 1.9km run

Super Novas (recommended ages 11-13) 90m swim | 3.75km cycle | 1.9km run

Mini Splash and Dash 30m swim | 950m run

Midi Splash and Dash 60m swim | 1.9km run

Age groups are a guide only – choose the category that best suits your child's ability.

### What to Bring

- Togs, rash shirt, goggles
- Towel
- Bike
- Helmet
- Closed-toe shoes (required for bike and run)
- Drink bottle
- Sunscreen

Parents/caregivers are responsible for ensuring bikes are roadworthy and helmets are correctly fitted before arrival.

### Swim Information

- Swim takes place in Ngātea Pool
- Fully supervised by lifeguards
- Kickboards permitted
- Event helpers positioned poolside and in the pool as necessary
- Parents are not permitted in the pool

### Transition & Course

- Coloured wristbands identify race category
- Numbers will be written on arms
- Transition area is parent-free
- Helmets must be worn and fastened before touching the bike
- Mount/dismount area clearly marked
- Marshals positioned throughout the course





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### Prizes & Spot Prizes

Spot prizes will be distributed at the registration table.

At the finish line, all participants receive:

- Medal
- Certificate
- Goodie bag

### Weather Plan

The event will proceed rain or shine unless conditions are deemed unsafe.

If cancellation is required, updates will be communicated by 7.30am via the Hauraki Plains Community Hub Facebook page.

### Photography

A volunteer photographer will be capturing images during the event for community sharing and future promotion.

If you do **NOT** consent to your child appearing in any event photos, you must notify us by email prior to race day or advise the registration team on arrival.

### Thank You to Our Supporters

We gratefully acknowledge the support of:

- Hauraki District Council and lifeguards
- Thrifters of Ngatea
- Richardson's Real Estate
- KD's Beans & Cream
- Sam Bettany, Tucker 39 Media Productions (Event Photographer)
- Lions Club and all of our community volunteers
- All the businesses, community groups and schools who helped to advertise this event

TriStars is delivered by the Hauraki Plains Community Hub to connect, support and empower our community and encourage tamariki and rangatahi to participate and volunteer.

